

# PaRent Academy

*Join us for a second cup of coffee on.....*

February 28, 8:50 a.m. at Pierrepont School, MPR

**Topic:** Boost Your Child's Executive Functioning

**Target Audience:** All district parents, K-12



**Summary:** Practical strategies to enhance your child's executive functioning skills, including focus, emotional regulation, and task management. Learn the fundamentals of executive functioning and why it matters for your child's academic, social, and personal success. Discover effective approaches that empower your child to build independence and resilience. You will leave the workshop with hands-on interventions and actionable tools that you can begin using immediately to support your child's growth and help them thrive!