

**Dear K-Center Families,**

Welcome to Kindergarten! I am very excited to be your child's Physical Education teacher at the Kindergarten Center. My name is Jarek Krebs and this is my first year in this role. In May 2024, I graduated from Montclair State University with a degree in physical education/health. It has been wonderful meeting the kindergarten students during the first 2 days of school. This year your child will develop many new and useful skills. I look forward to working with them.

Physical Education will include a variety of activities and will be held inside and outside, weather permitting.

- **Active Games:** Provide students opportunities to generalize skills previously taught in isolation.
- **Movement Activities:** Provide students opportunities to explore the different ways to move their bodies such as running, jumping, hopping, and dancing.

**Expectations:**

- **Dress to participate:** Please send your child to school on their scheduled PE day in athletic wear and sneakers. The P.E. schedule is listed below. Jewelry of any kind is not permitted. Students who do not dress accordingly will not be allowed to participate.
- **Safety First:** Safety is an important part of the PE curriculum and our school. Students are expected to use all equipment in the appropriate manner and follow directions.

**Communication:**

- If you have any questions or concerns about your child's participation in class, please feel free to reach out to me. You can contact me through my email, [jkrebs@rutherfordschools.org](mailto:jkrebs@rutherfordschools.org).

I can't wait to have a fun and active year!

Sincerely,  
Jarek Krebs  
PE Teacher  
Kindergarten Center

<b>Rim</b>	Monday and Thursday
<b>Witalis</b>	Monday and Wednesday
<b>Ruglio</b>	Monday and Friday
<b>Parkinson</b>	Tuesday and Thursday
<b>Bomzer</b>	Tuesday and Friday
<b>Sayre</b>	Tuesday and Thursday
<b>Kratzer</b>	Tuesday and Wednesday
<b>Coccoz</b>	Thursday and Friday