

Health Office Information

Please report all absences to kcenterattendance@rutherschools.org and provide the name of your child and their teacher. You may also call the main office at 201-438-7675 ext. 6219 and notify Ms. Liz of your child's absence. If your child is ill, it is important to consult your physician. If your child is seen by a physician, please request a note from their office to be provided to the school upon your child's return. Though absences are not excused, documentation will confirm they were under a doctor's care during that time.

Fever

- Children should not come to school if they have a fever and any child with a fever will be sent home. Children must remain out of school until they are fever free for 24 hours without the use of fever reducing medications (Tylenol/Motrin).

Intestinal illnesses

- Absences related to intestinal illness must remain out of school for 24 hours from their last vomiting or diarrhea episode.

Coughing/Congestion

- Children will have a common cold or allergies from time to time and coughs/congestion can linger. However, if a child's cough/congestion becomes disruptive to their learning a child can be sent home. It is recommended that parents follow up with their pediatrician if a cough does not improve or is persistent.

To help maintain student and staff health, it is important that students follow best practices regarding their health. This includes frequently washing hands, covering their cough/sneeze with their elbow, discarding used tissues, and learning to blow their nose effectively.

MEDICATION

Any medication that needs to be administered by the nurse at school needs the following:

1. A Medication form completed and signed by the physician.
2. The student's medication is in the original container with a pharmacy label attached which states the child's name, medication and dose.
3. Must be handed directly to the teacher or to the school nurse. Please do not put medication in the child's backpack, this is to ensure the safety of all of the students.

******ALL MEDICATION, EVEN OVER THE COUNTER CREAMS, EYE DROPS, VITAMINS ETC REQUIRE AN ORDER FROM THE PEDIATRICIAN******

HEAD LICE

It is important to check your child's hair for headlice routinely. Should you identify and/or treat for head lice it is essential to our community's health to notify the health office.

If you have any questions please feel free to contact the Kindergarten Center School Nurse: Erica Farrell at 201-438-7675 Ext 7278 or efarrell@rutherschools.org.